CACFP Infants Menu 1

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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| FACILITY NAME: Teddy Bear Child Care | | | | | | | DATE: 10-29-18 | | | |
| **INFANTS BIRTH THROUGH 5 MONTHS:** | | | | | | | | | | |
|  | **MONDAY** | | **TUESDAY** | | **WEDNESDAY** | | **THURSDAY** | | **FRIDAY** | |
| Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size |
| **BREAKFAST** | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz |
| **AM SNACK** | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz |
| **LUNCH** | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz |
| **PM SNACK** | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz |
|  | | | | | | | | | | |
| **INFANTS 6 MONTHS THROUGH 11 MONTHS OR WHEN DEVELOPMENTALLY READY:** | | | | | | | | | | |
|  | **MONDAY** | | **TUESDAY** | | **WEDNESDAY** | | **THURSDAY** | | **FRIDAY** | |
| Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size |
| **BREAKFAST**  Breastmilk/formula  Fruit/vegetable  Infant cereal and/or meat/meat alt. | Breastmilk/formula    Applesauce  Oatmeal | 4-6 oz  2 TBS  2 TBS | Breastmilk/formula  Cooked Carrots  Rice Cereal | 4-6 oz  2 TBS  2 TBS | Breastmilk/formula  Egg  Applesauce | 4-6 oz  1 whole egg  2 TBS | Breastmilk/formula  Pears  Cottage Cheese | 4-6 oz  2 TBS  2 TBS | Breastmilk/formula  Applesauce  Rice Cereal | 4-6 oz  2 TBS  2 TBS |
| **AM SNACK**  Breastmilk/formula  Fruit/vegetable  Grain (bread, cracker, infant cereal or ready to eat cereal) | Breastmilk/formula  Banana  Crackers | 4-6 oz  2 TBS  2 | Breastmilk/formula  Peaches  Toast | 4-6 oz  2 TBS  1/2 slice | Breastmilk/formula  Sweet Potatoes  Crackers | 4-6 oz  2 TBS  2 | Breastmilk/formula  Peas  Rice Cereal | 4-6 oz  2 TBS  2 TBS | Breastmilk/formula  Banana  Toast | 4-6 oz  2 TBS  1/2 Slice |
| **LUNCH**  Breastmilk/formula  Fruit/vegetable  Infant cereal and/or meat/meat alt. | Breastmilk/formula  Pears  Cottage Cheese | 4-6 oz  2 TBS  2 TBS | Breastmilk/formula  Green Beans  Yogurt | 4-6 oz  2 TBS  2 TBS | Breastmilk/formula  Banana  Cottage Cheese | 4-6 oz  2 TBS  2 TBS | Breastmilk/formula  Peaches  Egg | 4-6 oz  2 TBS  1 whole egg | Breastmilk/formula  Peas  Turkey | 4-6 oz  2 TBS  2 TBS |
| **PM SNACK**  Breastmilk/formula  Fruit/vegetable  Grain (bread, cracker, infant cereal or ready to eat cereal) | Breastmilk/formula  Peas  Toast | 4-6 oz  2 TBS  1/2 slice | Breastmilk/formula  Cooked Carrots  Crackers | 4-6 oz  2 TBS  2 | Breastmilk/formula  Pears  Toast | 4-6 oz  2 TBS  1/2 Slice | Breastmilk/formula  Squash  Oatmeal | 4-6 oz  2 TBS  2 TBS | Breastmilk/formula  Sweet Potatoes  Crackers | 4-6 oz  2 TBS  2 |