CACFP Infants Menu 1

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| FACILITY NAME: Teddy Bear Child Care | DATE: 10-29-18 |
| **INFANTS BIRTH THROUGH 5 MONTHS:** |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size |
| **BREAKFAST** | Breastmilk/formula |  4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz |
| **AM SNACK** | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz |
| **LUNCH** | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz |
| **PM SNACK** | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz | Breastmilk/formula | 4-6 oz |
|  |
| **INFANTS 6 MONTHS THROUGH 11 MONTHS OR WHEN DEVELOPMENTALLY READY:** |
|  | **MONDAY** | **TUESDAY** | **WEDNESDAY** | **THURSDAY** | **FRIDAY** |
| Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size | Food Item | Serving Size |
| **BREAKFAST**Breastmilk/formulaFruit/vegetableInfant cereal and/or meat/meat alt. | Breastmilk/formula ApplesauceOatmeal | 4-6 oz2 TBS2 TBS | Breastmilk/formula Cooked CarrotsRice Cereal | 4-6 oz2 TBS2 TBS | Breastmilk/formulaEggApplesauce | 4-6 oz1 whole egg2 TBS | Breastmilk/formulaPearsCottage Cheese | 4-6 oz2 TBS2 TBS | Breastmilk/formulaApplesauceRice Cereal | 4-6 oz2 TBS2 TBS |
| **AM SNACK**Breastmilk/formulaFruit/vegetableGrain (bread, cracker, infant cereal or ready to eat cereal) | Breastmilk/formulaBananaCrackers | 4-6 oz2 TBS2 | Breastmilk/formulaPeachesToast | 4-6 oz2 TBS1/2 slice | Breastmilk/formulaSweet Potatoes Crackers | 4-6 oz2 TBS2 | Breastmilk/formulaPeasRice Cereal | 4-6 oz2 TBS2 TBS | Breastmilk/formulaBananaToast | 4-6 oz2 TBS1/2 Slice |
| **LUNCH**Breastmilk/formulaFruit/vegetableInfant cereal and/or meat/meat alt. | Breastmilk/formulaPearsCottage Cheese | 4-6 oz2 TBS2 TBS | Breastmilk/formulaGreen BeansYogurt | 4-6 oz2 TBS2 TBS | Breastmilk/formulaBananaCottage Cheese | 4-6 oz2 TBS2 TBS | Breastmilk/formulaPeachesEgg | 4-6 oz2 TBS1 whole egg | Breastmilk/formulaPeasTurkey | 4-6 oz2 TBS2 TBS |
| **PM SNACK**Breastmilk/formulaFruit/vegetableGrain (bread, cracker, infant cereal or ready to eat cereal) | Breastmilk/formulaPeasToast | 4-6 oz2 TBS1/2 slice | Breastmilk/formulaCooked CarrotsCrackers | 4-6 oz2 TBS2 | Breastmilk/formulaPearsToast | 4-6 oz2 TBS1/2 Slice | Breastmilk/formulaSquashOatmeal | 4-6 oz2 TBS2 TBS | Breastmilk/formulaSweet PotatoesCrackers | 4-6 oz2 TBS2 |